

Intercultural Training



The aim of this intercultural training is to **prepare international students for the cooperation and teamwork in international environments**. Therefore, successful intercultural communication skills as well as awareness of cultural differences are discussed in this course. Participants will learn how to work in multicultural teams, cope with culture shock and how adapt to German university and work life.

The following topics are covered:

- “Cultural Dimensions” and how they impact our behaviour
- How culture influences our perception
- Cultural differences in university and work context
- Different communication styles
- Culture shock & Coping strategies
- Stereotypes & Prejudices
- Finding friends and networking in Germany
- Working in multicultural teams

Duration: 6 hours – divided in 2 modules of 3 hours

Online via Zoom with interactive methods (Mentimeter, break out rooms, white board, movies, exercises), max. 25 participants

Cost: 800 Euros with detailed handout

Coaching-Option: 80 Euros for 60 min (students gain trust in the workshop and can discuss individual difficulties that could not be discussed in detail in the workshop in the coaching session after the workshop - if needed)

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“The most important thing I learned was that every culture is different and there is no ONE RIGHT way of doing things. Every culture has its own way but in the end we are all trying to achieve similar goals.”